

# Life Tolerations Worksheet

Wheel of Life Categories

<b>Career</b>	What are you tolerating? (Connected to this category)	What would you like to be a reality (in this category)?
<b>Money</b>	What are you tolerating? (Connected to this category)	What would you like to be a reality (in this category)?
<b>Health</b>	What are you tolerating? (Connected to this category)	What would you like to be a reality (in this category)?
<b>Spiritual</b>	What are you tolerating? (Connected to this category)	What would you like to be a reality (in this category)?
<b>Love/Relationships</b>	What are you tolerating? (Connected to this category)	What would you like to be a reality (in this category)?
<b>Personal Growth</b>	What are you tolerating? (Connected to this category)	What would you like to be a reality (in this category)?
<b>Fun &amp; Recreation</b>	What are you tolerating? (Connected to this category)	What would you like to be a reality (in this category)?
<b>Physical Environment</b>	What are you tolerating? (Connected to this category)	What would you like to be a reality (in this category)?